

Mental Health Foundation (ACT)

Annual Report 2018-19



Creating Hope, People First, Better Mental Health



MHF 2019 Annual Report

President's Report

I am pleased to present the 2019 President's Report.

In 2019 MHF has continued to build the foundations of our strategic plan. Our relationships with the National Disability Insurance Scheme (NDIS), the ACT Government and Capital Health Network has strengthened which is reflected by:

- Appointment of MHF to manage the new Florey supported accommodation project;
- National Disability Insurance Agency (NDIA) asking MHF to assist in supporting people to enter the NDIS;
- regular direct referrals from consumers, other NDIA providers and clinical teams;
- Early intervention with recycle and energy through the 'Zero Emission' Project;
- Working with our partners in fundraising for the Foundation.

The financial result demonstrates continued validation that MHF is heading in the right direction. This is due to the hard work of all of our team during the year and some hard-strategic decisions.

As I noted last year, the business environment for provision of mental health services is difficult and the provision of some mental health services remain structurally unviable under the NDIS pricing rules. The Board and CEO continue to raise this issue with the relevant stakeholders to instigate change. Unfortunately, this is a slow process and MHF and other service providers do not have the luxury of time to wait for changes

to prices. The Board is continuing to closely monitor the impact on our business.

I would like to thank all our team for their professionalism, commitment and resilience during the year. The Board recognises the daily challenges they face and that this is complicated by a system that adds unnecessary administration and process burdens. Nonetheless they continue to put people first, bring them hope and achieve better mental health for the ACT community.

I would like to recognise the significant contribution by Rahman Atan who provided valuable support to the Executive Officer, our program managers, the broader team and clients over the past 9 years.

I would also like to acknowledge the appointment of Peter Lennon as MHF's first business development manager. This appointment is a strategic step in starting to build our business beyond just trying to survive.

Each year MHF shows it makes a difference to the most important people – our clients. The Board's focus is to give our team the platform to do this better each and every year. We want MHF to be recognised as the premier provider of mental health services in the ACT and surrounding region. The past year has seen us take excellent steps towards this goal and we are confident that we will continue down this pathway in 2020.

Thanks to my fellow directors. Their contribution in 2019 has been brilliant.

Paul McGinness
President

Treasurer's Report

I am pleased to present the 2019 Treasurer's Report.

The 2018-19 Financial Year saw continued pressure on MHF to deliver high quality services to our clients, with significant administration and financial pressures from the National Disability Insurance Scheme's (NDIS) operating requirements and fee structure. The Board endorsed a breakeven budget, which included key strategies that were closely managed throughout the year to improve the financial position and viability of MHF.

The Board, Executive Officer and MHF team have been proactive in the financial management of each program throughout the year. And, have focused on expanding MHF's operations through securing additional referrals and Government funding to support individuals' transitioning into the NDIS. The overall financial result could not have been achieved without the dedication and unwavering support every MHF staff member has provided to our clients and the organisation more broadly – thank you!

The Board and MHF leadership continue to monitor the financial position of MHF and are focused on developing strategies to diversify revenue streams, enhance efficiencies and streamline processes. MHF's Board and EO have leveraged every opportunity to provide insights and contemporary examples to key stakeholders in the broader disability sector and across all levels of Government to raise awareness of the impacts policy decisions and current fee structure. This messaging is aimed at ensuring MHF and other organisations can continue to provide vital support services to the ACT

and NSW community, in a financially sustainable manner.

Thank you again to the Board, MHF senior leadership and broader MHF team in supporting MHF's improving financial position.

David Talbot
Treasurer

Boards Members 2018-2019

President – Paul McGinness

Vice President – Beatrice Makay

Treasurer – Dave Talbott

Secretary – Janine Robertson

Board Members

- **B Hallett**
- **Brad Payne**

Ex-Officio – Angela Ingram CEO

Chief Executive Officer's Report

MHF is a value's driven organisation that serves people with the lived experience of mental illness. The challenges this year have been to ensure that we maintain a recovery focus in a transactional fee for service world. The challenge remains around sustainability and viability.

The people, or marketplace, are driving the design of services that MHF is providing to improve their quality of life. This co-design and co-production has resulted in a flexible more mobile workforce that is supported by IT platforms that enable them to work where and when the people need their support.

The team has woven paths with and worked hard towards enabling people to be in charge of their destiny within the parameters of the NDIS.

We were successful in attracting funds from the NDIA to support people transitioning into the NDIS by utilising a peer workforce. This program supported people to access and then the NDIA and their partners supported the process from access through the planning stage.

I would like to thank Hands Across Canberra as they supported MHF to improve the website.

In addition, I would like to thank the people with the lived experience and staff for demonstrating that MHF can meet people's needs.

To move towards sustainability and meeting standards MHF has continuously reviewed work practises in all areas to ensure that the risks of MHF were managed.

The MHF Board has been very proactive in ensuring that the management team have the resources, including skills, to enable MHF to understand the risk of the changing environment and supporting the whole team to focus on the challengers ahead.

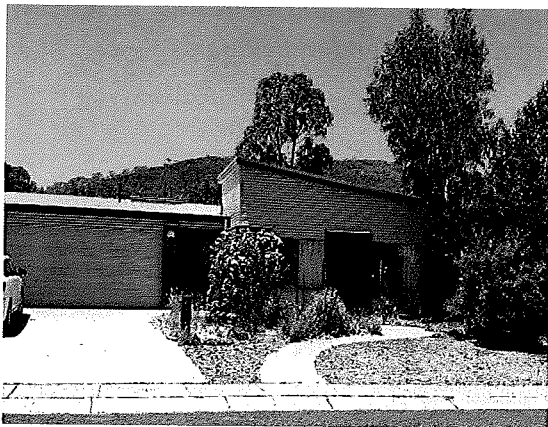
Our continued challenges are ensuring a qualified workforce, sustainability and viability; and will require government to support people in the community. This support will require appropriately priced service options either individual packages or filling the gaps in the service environment with innovative programs that are funded and delivered by quality organisations and individuals.

Angela Ingram
CEO

Accommodation Services

Short-Term Accommodation Respite (STAR)

Mental Health Foundation ACT short term accommodation respite is located at Kambah. The two purpose build houses are located next door to each other. Both houses are spacious, well-designed, comfortable with full amenities. There is a large living room, large kitchen, large bathrooms, covered outdoors areas and secluded gardens in both houses.



The service team at Short term Accommodation has grown again this year respond to individual support needs using a recovery model and principle. We have found that all our team have needed to work together more collaboratively than ever before. We have implemented few changes to some of our procedures such as medication policy and Information technology to better meet ever changing needs of individual participants and carers.

This year was wrapped up with some very memorable moments, it is heart-warming to hear about participants and carers lives now and how they are safe and are doing well. We had several participants reflect positively on their goals at the end of their stay and updates about their lives either via

phone call, emails or in person. We continue to gather constructive feedback received from participants and carers on how to improve our services. We are seeing that the Short-Term Accommodation Respite has become a safe place for participants to reach out, build skills, socialise and recharge.

We thank all our friends in the sector who have been supportive in allowing us to keep participants safe and well. We are appreciative of these ongoing relationships. We also thank participants and carers who place their trust in us as they make their own story.

What we did in 2018-2019

- We continued to build our connections with clinical managers, providers, participants and carers,
- We continued to attend events and market ourselves to ensure the community were aware of our services,
- We provided ongoing training and information sessions to Staff,
- STAR model was reviewed - changes in MHF model were made in line with NDIS price reviews, and high needs, standard and low needs, based on participants to staff ratio,
- Purchase/ Donation of new furniture, equipment and other items to brighten and revitalise the space,
- We regularly gathered information to ensure participants and carers were well informed of the changes to NDIS and the community sector.

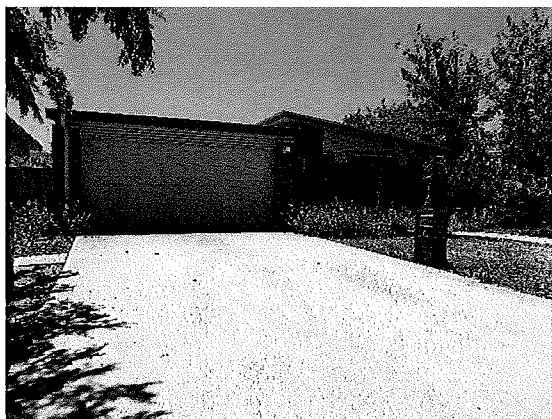
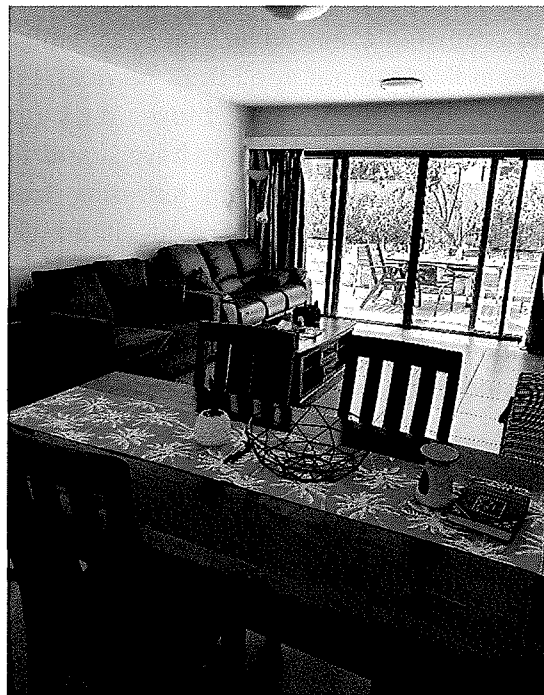
Challenges

MHF team recognises the challenges that arise for participants during their NDIS plan review. Several participants and carers expressed their fears, concerns, anxiety and challenges prior to their NDIS plan review and the wait for their plan to be approved. This year, one prominent challenge is the reduction of NDIS funding for several participants. This has resulted in hospitalisation for some participants due to lack of funding to access needed supports or short-term accommodation respite. MHF advocated and provided support during these times.

In a person directed environment the people are choosing different services based on their funding.

The NDIA has also changed rules regarding people living in long term accommodation and now are changing their eligibility for short term accommodation.

MHF has changed what it does to take into consideration these changes and exceed service delivery in the competitive marketplace.



Testimonial

Put simply, the Mental Health Foundation provides services that ultimately prevent hospitalisation. My mental health is often unpredictable, and while some days I might seem fine and not need their services, I do have bad days, and those days are tremendously important to have support in place. Days where I am suffering from paranoia and delusions are alleviated with mental health workers, and because there is no judgement, I feel free to discuss my concerns and mental health issues that I cannot discuss with anyone else.

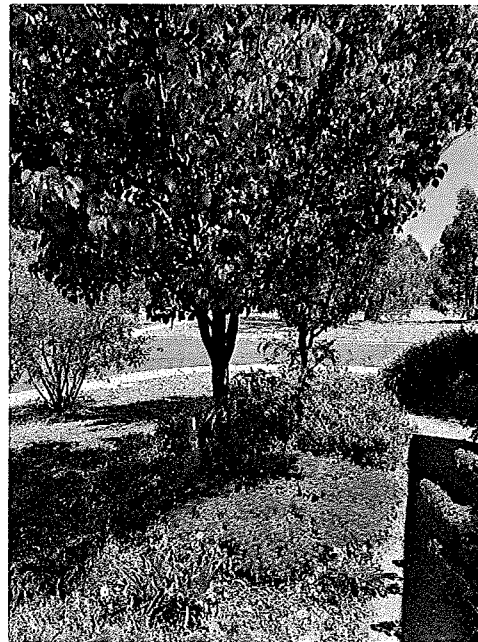
Before the Mental Health Foundation came into my life, I would bottle up all my thoughts until the point of mental breakdown and end up in hospital and going to hospital was becoming routine every few months. When the Mental Health Foundation stepped in, I no longer went to hospital, and often when going to hospital I would become worse before I got better, and because of capacity issues at the hospital, I would often be discharged before I had fully recovered. The Mental Health Foundation allows me to stay in their supported accommodation as long as I feel I need to without pressure, and allows for a more full recovery, allowing me to function in day-to-day life and in the community when I go home, without repercussions that may occur if I were unwell.

The Mental Health Foundation has become paramount in importance for my recovery journey. I've made progress that wouldn't have been possible if I were constantly going to hospital. I can't imagine what life would have been like without the Mental Health Foundation, and now I can't imagine my future without them. The support workers have proven to

be extremely valuable on my bad days, and very helpful for maintaining good mental health and developing good habits on good days.

After every stay with Mental Health Foundation, I always leave feeling so much better mentally and better equipped to be able to handle challenges that may arise with confidence. The Mental Health Foundation and their support workers have become part of my life and I look forward to many years ahead working with them.

(Participant wishes not to be named)



Supported Accommodation

The Supported Accommodation (SA) provides support for up to 7 participants living with mental health illness and comorbidity. MHF have three SA houses across Canberra. The provision of medium- and long-term accommodation is one of the ways MHF work with participants to reduce homelessness and reduce isolation.

MHF SA provide a secure, safe and affordable occupancy for individuals. These properties are leased from ACT Housing and Barton Trust.

SA service delivery focus on a client-centred recovery approach. The nature of the support provided therefore varies to match the needs of each individual participants while living in a shared house environment.

During the year, staff continue to work closely with participants to build on the capacity building domains they have identified to improve their quality of life.

Managing Shared houses

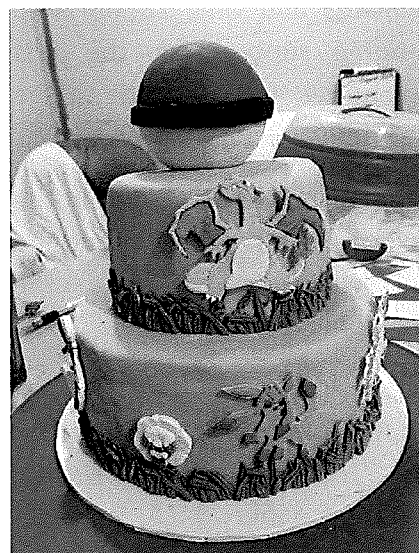
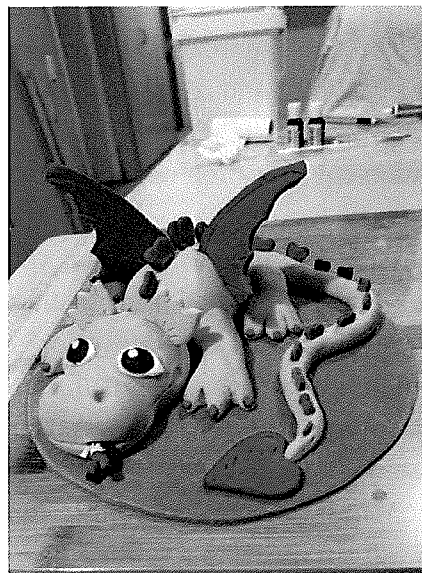
This is a challenge when introducing new people to the houses. We take this seriously and ensure that the participants meet and are willing to work with the team.

We have been working with the Housing ACT to find suitable housing quality accommodation as the current premise is not up to standard. As a result, in the next month MHF is moving one participant to a different property in Wanniasa.

Because of the standard that MHF has set there has been vacancies but with the new

premises we are hoping to assist further people to achieve quality housing.

Pictured below – examples of creative Skills development with Supported Accommodation participants.



Collaborative Partnership - Supported Accommodation at Florey

MHF and other service providers were invited by Canberra Health Services (CHS) to present options of Supported Independently Living to prospective participants, legal guardians, support coordinators, carers and other support networks on 7 February 2019. This new initiative was in collaboration with CHS and Housing ACT. The focus of the joint project was to decrease the increasing need for this type of accommodation by building four new houses specifically for people who need high level psychosocial support to live in the community with supports. The new purpose-built houses will provide long term/permanent tenancy options for people and will also provide a safe home.

MHF was the first cohort to be chosen by these participants and their supports to provide in-home support for the first house. The house is intended to be participant's home and not a health facility.

As this is the first house of its kind in the ACT, there were a lot of collaborations and consultation meeting to co-design the model for the home. Three new houses will be built later next year.

The Florey house was officially opened on the 2 May 2019, by the Minister for Mental Health, Shane Rattenbury MLA, however the transition of participants started on the 17 of June 2019.

During the year, we continued to work closely with Havelock, ACT Health, Belconnen Mental Health, Assertive Community Outreach Service, support coordinators as well as the participants and

their carers to ensure the success of the new collaborative approach.

Mental Health Foundations role in the house has been to provide the in-home support. With participants, legal guardian and support team consent, MHF have been able to utilise the participant's core funding to provide 24/7 support by dividing the time between each individual's funding. Ongoing support provided has enable participants to feel safe in their home and enable them to engage in meaningful activities specific to their needs, which include attending to personal hygiene, budgeting, shopping, meal preparation, cleaning and attending to medical appointments.

"I have had positive experiences with The Mental Health Foundation.

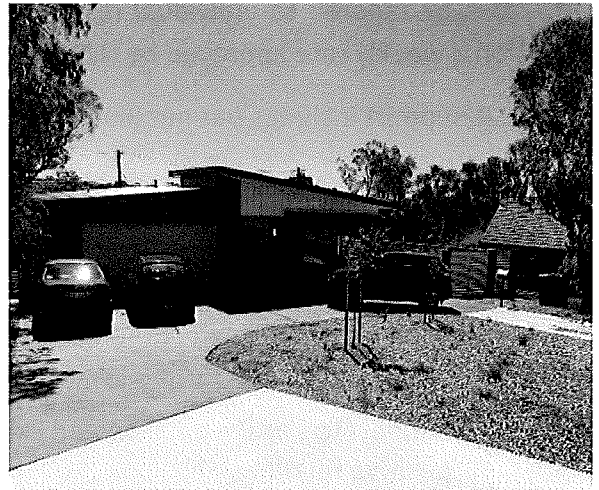
I found the support workers kind, caring and helpful. They are passionate about their work and their hearts are in the right place. I appreciate their support. In particular I really have benefited from my key support worker who listens to me and builds me up."

SJB



“The transition from hospital to the Florey house has been good and I guess, better than I expected. I think I have adjusted well to living independently and what that means practically, i.e.: getting my own medication, doing groceries, getting to and from the house on my own, housework, etc. So, this supported living arrangement has allowed me to really develop such independent living skills and I think I have shown that in practice, at the same time having the staff there to provide the kind of support I need when needed. There have been a few issues here and there, with staff at times, and the other housemates, nothing major, but I guess that is to be expected because nothing is ever perfect. There are also things that can be improved and with time I'm hoping those improvements will come. I guess we are all trying to figure this out together because it is new to all of us! Overall, I think I can say my experience has been positive and I am enjoying living in the house. I feel like it has really given me the opportunity to put into practice all the things I have learnt as part of my recovery and enabled me to thrive. I hope to continue building on these positives in the house in the coming months. “

Raabia Jamil



Supported Independent Living - Warren l'Anson House

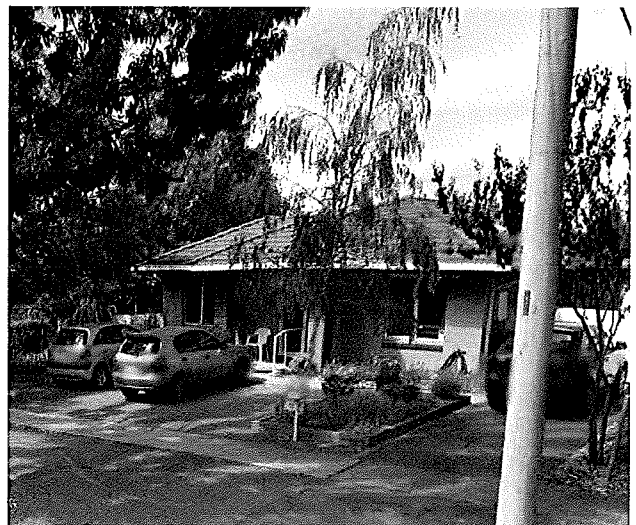
MHF have recently restructured the existing service at Warren l'Anson (WIA) from a short term accommodation house to Supported Independent Living (SIL). This transition to SIL started on 17 June 2019. The SIL program provides regular onsite supervision, supports and services required to enable participant/s to live and enjoy their lives on equal terms to others in the community. Each participant's support will be tailored to individual needs based on a weekly rate approved by NDIA.

SIL support includes but not limited to:

- Support or supervision of activities of daily living,
- Provide culturally sensitive services,
- Support participant to engage with mental health services,
- Support to engage develop and exhibit positive relationship,
- Support to attend to personal hygiene and grooming,
- Budgeting, bill payment assistance and prompting,
- Meal preparation and planning assistance,
- Cleaning assistance – capacity building,
- Assistance in dealing with government and other support agencies,
- Support with living in group home environment,
- Participation in recreational activities,
- Maintenance of general health and well being,

- Facilitate participation in regular health check, social and community participation,
- In collaboration with participant and support network with consent, help to establish and maintain house rules.

Since the transition, our focus has been to ensure a smooth transition for participants, carers and support team whilst ensuring quality service is delivered. The team on daily basis continues to review internal audits against relevant standards, review compliance, suggestions and compliment received.



Afia Amoo-Oluka Program Manager

Outreach Services

Who We Are

We are a team of people who walk with people who have the lived experience of mental illness. Through our programs people have identified where they want to go, how they are going to get there and if the strategies have worked for them. Our team consists of >60% who have the lived experience of mental illness either personally or as a carer.

This experience enables the team to build rapport, empathise; facilitate choice and control, co-design and co-production that enables a person with the lived experience to meet their goals. The introduction of trauma informed care awareness has supported people when they are negotiating individual supports.

"I am treated most professionally and with enormous compassion. The MHF staff are like family to me. I would be lost without them." Sandy, 2019

The enabler of these services is funding for the programs through the NDIS individual plans, the NDIA's Peer Worker Project (PWP), and the Department of Social Services' Personal Helpers and Mentors (PHaMs) program.

The outcomes of the PWP were designed to facilitate people accessing the NDIS utilising people with the lived experience of mental illness or a peer workforce. The results were lower than MHF previous experience of supporting people to access the NDIS. MHF peer workforce could develop rapport and facilitate people to access the NDIS. However, the people approached had already been asked if they

wanted to access the NDIS and now a number stated that they did not wish to access the NDIS. These were identified and the NDIS informed. A door needs to be left open for these people in case they change their mind.

"Happy with the services you provide and support they give. Your support coordinator is good and I am happy with her. Monon is a good mentor and I am happy with her support. I feel heard and supported by her." Susie, 2019

When supporting

The NDIS enables individuals to have quality of life that is driven and defined by them. MHF maintains a recovery framework model of service delivery whilst ensuring the participant's rights and responsibilities are clearly enabled.

PHaMs and the PWP programs were there to facilitate people with the lived experience of the mental illness to access the NDIS.

What We Did

Outreach services included coordination of supports, mentoring, assistance in activities of daily living, psychosocial community participation and transport. These supports were provided 7 days per week, from mornings through to evenings.

The Outreach team is mobile. We went to where our participants wanted the service, in locations of their choice - in the comfort of their home and/or at mutually agreed public locations.

We listened to people and are changing what we do. This includes supporting people when they are capacity building facilitating travel, like trips to the South

Coast in NSW. This trend is increasing, which is reflective of Outreach's responsiveness to people's needs.

Demographics

By Age

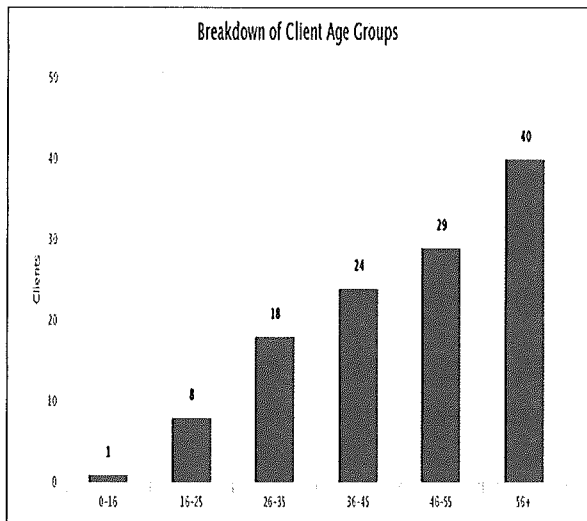


Table above shows that most participants receiving MHF Outreach supports are 56 years old and above.

By Gender

Our client base comprises of slightly more female clients than male clients and we have catered for people who are transgender.

By Primary Disability

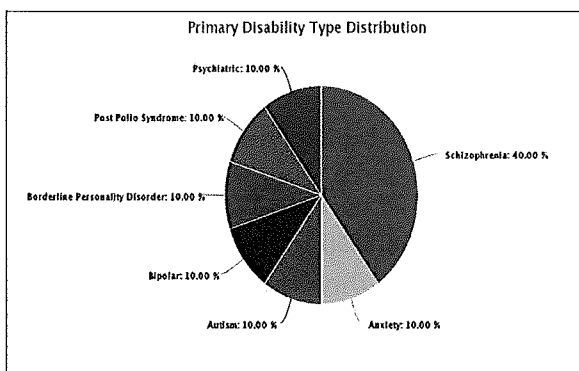


Diagram above shows that more than a third of participants receiving Outreach supports identify themselves as living with schizophrenia.

Our services are reflective of the needs of the participants. In order to do this our team:

- Works with all key stakeholders including carers / guardians, informal networks, and other formal networks including the clinical mental health teams and other agencies,
- Keep people informed of changes in the NDIS or other funding that will affect them,
- Attend professional development,
- Network with the multiple sectors to ensure we are abreast of the opportunities for people,
- Support people to access the NDIS such as managing the stress from the process and explaining terminology.

Ultimately, we have remained flexible and mobile to meet people's needs.

Shahrin Ariff, Program Manager

"I am very happy with the service provided. Khairul is very nice and helpful and we get along together. MHF provides a quality service to me all the time. Currently I am very satisfied with the service provided ... I'm getting what I need right now." Pat, 2019

Human Resources

The MHF staff retention rate for the last financial year of 81 percent, was similar to last year's rate of 79 percent.

The number of staff employed in the last financial year has increased to allow MHF to provide new 24 hour, 7 days a week services.

Representation on ACTCOSS

For the 2018-19 financial year, MHF continued its two year term on the ACT Council of Social Service committee, with the Corporate Services Manager, Karen McKernan, being appointed as the MHF representative.

National Disability Insurance Scheme Commission

MHF has begun the process of seeking accreditation against the NDIS Quality Standards as set out by the NDIS Quality and Safeguards Commission. In December 2019 MHF is expecting to complete its Stage 2 audit.

Karen McKernan, Corporate Services Manager

Communications and Social Inclusion

Time to Talk – February 2018

Time to Talk is a great opportunity for MHF to visit various workplaces around the Act to open up the discussion/s around talking about mental illness.

The object of this activity is to reduce stigma associated with mental illness in the workplace.

Grants and Funding

Throughout the year, many grant applications to fund a range of projects that MHF wishes to implement were written with varied outcomes.

Each application requires considerable time and research to attempt to ensure the funder's criteria is met. A lot of work goes into writing submissions – with few being successful, largely due to the volume of applications received by the funding body. MHF has come close on several but less overall success than in the previous year.

Never-the-less, MHF will continue to apply for extra funds for special projects to expand our operations.

Applications that were successful and implemented during the year included:

- ACT Government - Towards Zero Emissions funding of over \$20,000,
- Hands Across Canberra – funding of just over \$5,000 to re-vamp the MHF website,
- Mental Health Community Coalition - \$1,000 for Mental Health Week activity "Giving Stigma the Boot" performance.

Website:

Funding received from Hands across Canberra to re-vamp the MHF website.

This project was worked on by a small but great team of MHF personnel who took suggestions from staff and participants; evaluated tenders from web designers and made a selection from these tenders.

Unfortunately, the web designer originally chosen, for various reasons, stalled and by July 2019 had done very little. The decision was made to change to another designer.

This project is still a work in progress.

Towards Zero Emissions

This exciting project focused on educating individuals about reducing personal, household and workplace waste through a series of 18 different and interactive workshops.

Specifically targeting people with the lived experience of mental illness, the workshops were also open to people from the wider community.

Even though the workshops continued through until August 2019, for convenience, this report covers the whole project.

The first workshop was held in February and was a visit to the ACT Recycling Discovery Hub at Hume and to the “Green Shed” at Mugga Lane.



Pictured above - Towards Zero Emissions – Repair Café

The ensuing workshops were:

- Plastic Free Life / Plastic Free Pets,
- Four workshops about re-purposing with Candice of “Re-Psyched” at the Mitchell Green Shed,
- Efficiently and Economically Heating and Cooling your Home,
- Sustainable House tour and Op Shop tour,
- Water saving / Drought-proof your home,
- Edible Home Garden,
- Winter Gardening,
- Composting and Worm Farming (including Branches into Mulch),
- Two Op Shop Tours,
- Repair Café,
- Fighting Food Waste with Oz-Harvest,
- Seasonal Cooking and Leftovers,
- Chemical-free Cleaning.



Pictured above - Towards Zero Emissions – Plastic Free Living Making Beeswax Wraps

With 14 presenters, the workshops were attended by more than 40 people with an average of 5 people per workshop.

The most popular workshops were those about growing food with the “Composting and Worm Farming” workshop attended by eleven (11) people.

It was interesting to note where people heard about the workshops and what called them to action:

- 17 people heard about the workshop through articles in the “Have you Heard” section of the Canberra Weekly,
- 10 through their workplaces,
- 6 by word-of-mouth,
- 3 from their support workers,
- 1 through CD-Net,
- The other four did not indicate where they heard about the workshops.

A great project that many of the attendees would like to see done again or have more of.

Mental Health Month 2018

Mental Health Month 2018 was extraordinarily busy for MHF as we participated in a number of activities during the month – some even back-to-back.

Monday 8 October

- ACT Mental Health Unit event at the Canberra Hospital

MHF attended the unit as part of their Mental Health Week activities, having a table of information and give-aways for visitors to their event.

Board Member Brien Hallett assisted with this activity which included a very interesting “Welcome to Country” and “Smoking Ceremony.”

There was considerable interest in MHF and our services from staff and family members, many of whom now receive the MHF Newsletter (when distributed).

Wednesday 10 October

- Fundraiser

MHF ran a sausage sizzle for the Department of Defence walkers and runners in their annual Bridge to Bridge event. This event is held to increase awareness of mental illness and reduce the stigma associated with mental illness.

This was a great fundraiser for MHF with three staff and one volunteer cooking and serving sausage sandwiches and talking about MHF.



Pictured above - MHF staff member Bob, serving sausage sandwiches.

- Presentation to Heart Foundation Walkers Group regarding MHF, who we are, what we do, what mental illness is and how to talk openly with others about it.

Thursday 11 October

- Annual Mental Health and Wellbeing Expo - MHF attended the Health and Wellbeing Expo held annually in Garema Place by the Mental Health Community Coalition. This Expo showcases a range of organisations that work with and support people with a lived experience of mental illness.

Three staff attended throughout the day with two others dropping in at different times. Brochures, Newsletters, balloons, pens and other materials were handed to the hundreds of people who visited MHF's expo site.

Friday 19 October

- Giving Stigma the Boot concert performance in partnership with This Is My Brave Australia (TIMBA).

MHF was fortunate enough to obtain funding from the ACT Mental Health Community Coalition to present this performance which featured individuals (not professional stage performers) each telling their personal story about their mental illness recovery journey. These stories were related in different ways.

Held at the National Film and Sound Archive the audience of over 50 people witnessed singing, story-telling, dancing, music performances – all of which were very moving and very inspiring.

This event raised \$1,000 for MHF.

Saturday 20 and Sunday 21 October

- National Garage Sale Trail – MHF participated in the 2018 National Garage Sale Trail to help reduce some of the excess and unused resources, toys, and other items. Selling from the Kambah site and assisted by several staff volunteering their time, the sale did not necessarily raise as much money as hoped, but it was an interesting experience for all.



Pictured above – garage sale items.

Friday 26 October

- Duncan n. Sargeant Annual Concert for Mental Health

Held at the Nation's Heart Hall in Belconnen the 2018 Annual Concert - titled "Don't Call Him Ed!" was a fun musical night out.

Seated at paper-covered tables, apart from enjoying the performances, the audience were challenged to use the crayons provided to illustrate what they learned/gained from the performances.



Pictured above - Duncan n Sargeant performing at his Concert for Mental Health.



Pictured above - People and crayons at the Duncan n Sargeant Concert for Mental Health.

Newsletter

The purpose of the MHF Newsletter is to be a channel for information, and for letting the wider community know about the work MHF does, - to work towards reducing stigma often associated with mental illness.

Despite the intention of compiling and distributing a Newsletter every two months, the range of projects during the year made this very difficult and only three issues (July, September, November) were distributed during this time.

From 1 July 2019 the Newsletter will be more regularly produced through the wonderful efforts of volunteer Grace, who has taken on this task.

Staff Bulletin

As MHF operates from three different sites across the ACT (Kambah, Chifley and O'Connor), and many staff don't have much opportunity to know those from other sites, a weekly Staff Bulletin is distributed. This helps to keep staff up-to-date on what other sites are doing and provides information across all sites.

Media

A number of interviews were conducted on both Radio Canberra (ABC) and Canberra FM Radio – all promoting MHF, our work, our projects.

Lyn Diskon, Communications and Social Inclusion Coordinator

PARTNERSHIPS

ABC Radio

ACT Health

ACT Housing

Canberra FM Radio

Capital Health Network

Consumer Mental Health Network

Department of Social Services

Department of Health

F1 Solutions

Feros Care

Mental Illness Fellowship Australia

Mental Health Community Coalition

Minter Ellison

National Disability Insurance Agency

One Door

Oz Harvest

St Vincent's de Paul

Supportability

Uniting Care

Vincent's Accountancy

Woden Community Services