

INFORMATION PACK



Support Worker - Women's Only Residence

Position Overview



Job Title

Support Worker



Location

Canberra (Chifley)



Job Type

Part Time



Reports to

NDIS Manager



Direct Reports

None



Closing Info

21/10/2023

About MHF

We understand life sometimes throws people challenges. We exist to help them through.

MHF provides community based health support services directly and through partnerships with the public health system, primary health providers, other community organisations and the NDIS. The service we provide are:

- Accommodation services for people facing mental illness
- Support work
- Capacity building, prevention and recovery
- Harm minimisation

Our vision is that Canberrans and the surrounding community live with hope, choice and good mental health.

This is achieved using a recovery framework, a personal journey toward the achievement of holistic wellbeing.

Working with MHF, whether as a staff member or a volunteer is a rewarding experience that enables you to excel in your role. We value continuous improvement and strive to make the organisation a little bit better each day. We have a culture that we are proud of, a culture that puts the people we are here to serve at the forefront of everything we do.

Role Specifics

Key Working Relationships

Female participants in the care of MHF; other participants; MHF Staff and Volunteers

Duties and Responsibilities

MHF provides core support services to women in a residential home. At the request of the residents, we staff the site with female workers only.

This role will see you:

- Be considerate of the rights and needs of participants in their homes.
- Provide mental health mentoring and support to people living with mental illness.
- Identify and report significant and notable changes in the needs of people living with mental illness and ensure that a record is prepared after each activity or appointment.
- Develop supportive and empowering relationships with people living with mental illness, their families and carers.
- Facilitate supported decision making.
- Provide support to participants overnight as part of their 24/7 care.
- Assist with self-administration of medication; meal preparation; and provide emotional support and encouragement to participants while they attend activities.
- Work as a member of the team sharing relevant knowledge and experience.
- Provide supports to other participants, including people of all genders as required

This role will be attractive to someone who thrives on lots of direct engagement with people and who gets satisfaction from making others feel special and cared for.

Essential

- You will be required to demonstrate that you have a minimum of two years providing direct supports to people with mental illness
- You must be available to provide day time shifts as well as evening and overnight , inactive shifts
- Relevant tertiary qualifications

Desirable

- Experience supporting women living with schizophrenia, trauma and behavioural challenges and Positive Behavioural Support Plans
- Experience working within the NDIS Framework
- Excellent written and verbal communication skills
- Experience leading small teams

This role may also involve working from home, so access to suitable computer equipment and internet may be required.

Hours of Work

This all-women residence requires staff from 9am to 11pm daily during the week including weekends. There is also a requirement for staff to be onsite overnight in an inactive, on-call capacity.

Pre-Engagement Checks

As MHF's work involves staff being in direct contact with vulnerable people, all staff, whether paid or unpaid are required to complete a Working with Vulnerable People check with NDIS Worker Screening.

MHF will conduct at least two reference checks on successful applicants and may also require proof of any professional qualifications stated on any application.

General Information

All staff, whether paid or unpaid are required to adhere to MHF's Code of Conduct and Organisational Policies during the course of their engagement.

MHF acknowledges Aboriginal and Torres Strait Islander peoples as Australia's First Peoples and sovereign custodians of this land. We pay our respects to Elders past, present and emerging.

MHF also acknowledge the individual and collective expertise of those with a living or lived experience of mental health. We recognise their vital contribution at all levels and value the courage of those who share this unique perspective for the purpose of learning and growing together to achieve better outcomes for all.

We are committed to the safety and wellbeing of people of all ages. We welcome all people irrespective of ethnicity, lifestyle choice, faith, sexual orientation and gender identity.