







INFORMATION PACK



Position Overview

	Job Title	Lifestyle Support Worker
	Location	Canberra and Surrounds
	Job Type	Casual
	Reports to	NDIS Manager
	Direct Reports	None
	Closing Info	Ongoing

We understand life sometimes throws people challenges. We exist to help them through.

MHF provides community-based health support services directly and through partnerships with the National Disability Insurance Agency, the public health system, primary health providers and other community organisations. The services we provide are:

- Accommodation services for people facing mental illness
- Support work
- Capacity building, prevention and recovery
- Harm minimisation

Our vision is that Canberrans and the surrounding community live with hope, choice and good mental health.

This is achieved using a recovery framework, a personal journey toward the achievement of holistic wellbeing.

MHF is currently experiencing significant growth and we are looking for Lifestyle Support Workers who have good availability and are keen to grow in partnership with us.

Working with MHF, whether as a staff member or a volunteer is a rewarding experience that enables you to excel in your role. We value continuous improvement and strive to make the organisation a little bit better each day. We have a culture that we are proud of, a culture that puts the people we are here to serve at the forefront of everything we do.

Key Working Relationships

Participants in the care of MHF; their carers/guardians; MHF Staff and Volunteers

Duties and Responsibilities

This role will see you:

- Be considerate of the rights and needs of participants in their homes.
- Provide mental health mentoring and support to people living with mental illness.
- Identify and report significant and notable changes in the needs of people living with mental illness and ensure that a record is prepared after each activity or appointment.
- Develop supportive and empowering relationships with people living with mental illness, their families and carers.
- Facilitate supported decision making.
- Provide support to participants overnight as part of their 24/7 care.
- Assist with self-administration of medication; meal preparation; and provide emotional support and encouragement to participants while they attend activities.
- Work as a member of the team sharing relevant knowledge and experience.
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This role will be attractive to someone who thrives on lots of direct engagement with people and who gets satisfaction from making others feel special and cared for.

Essential

- You will be required to demonstrate that you have a minimum of two years providing direct supports to people with mental illness
- You must be available to provide daytime shifts as well as evening and overnight, inactive shifts
- Relevant tertiary qualifications

Desirable

- Experience working within the NDIS Framework
- Excellent written and verbal communication skills
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There are roles available across all MHF services, including for female only staff to provide core support services to women in a residential home.

Hours of Work

There are shifts available across the whole week – daytime, evenings, and overnight in an inactive, on-call capacity.

Pre-Engagement Checks

As MHF's work involves staff being in direct contact with vulnerable people, all staff, whether paid or unpaid are required to complete a Working with Vulnerable People check with NDIS Worker Screening.

MHF will conduct at least two reference checks on successful applicants and may also require proof of any professional qualifications stated on any application.

General Information

All staff, whether paid or unpaid are required to adhere to MHF's Code of Conduct and Organisational Policies during the course of their engagement.

MHF acknowledges Aboriginal and Torres Strait Islander peoples as Australia's First Peoples and sovereign custodians of this land. We pay our respects to Elders past, present and emerging.

MHF also acknowledge the individual and collective expertise of those with a living or lived experience of mental health. We recognise their vital contribution at all levels and value the courage of those who share this unique perspective for the purpose of learning and growing together to achieve better outcomes for all.

We are committed to the safety and wellbeing of people of all ages. We welcome all people irrespective of ethnicity, lifestyle choice, faith, sexual orientation and gender identity.